

South Carolina Arthritis Prevention and Control Program

ARTHRITIS RESOURCES Resources and Rheumatologists Orangeburg County

The South Carolina Arthritis Prevention and Control Program is a program of the South Carolina Department of Health and Environmental Control in partnership with the Centers for Disease Control and Prevention, the Arthritis Foundation and other organizations throughout SC.

We have developed this list of resources to help you manage your arthritis. We give you information about <u>3 Arthritis Foundation programs</u> that can help you manage your condition. All 3 programs should benefit you whether you have arthritis, fibromyalgia, lupus, or some other rheumatic condition.

- <u>Arthritis Foundation-Self-Help Program</u> Group education classes to help you learn how to manage your condition.
- <u>Arthritis Foundation Exercise Program</u> An exercise program that uses gentle exercises to improve your strength and energy level and reduce your pain.
- <u>Arthritis Foundation Aquatic Program</u> A water exercise program for people with arthritis to help you feel better.

We also list <u>support groups</u> for each county and give you a list of <u>rheumatologists</u> in your area. A rheumatologist is a doctor who is a specialist in treating arthritis and other rheumatic conditions.

Arthritis Foundation Self-Help Program:

DHEC South Carolina Program Gwen Prestidge 1751 Calhoun St. Columbia, SC 29201 803-898-0760

Arthritis Foundation Exercise Program:

The Regional Medical Center Wellness Department Tabitha Quick 1345 Grove Park NE Orangeburg, SC 29115 (803) 534-0780

Health Plex 111 John Lawson Drive Santee, SC 29142 Noel Hilton (803) 268-2090

The Hope Center for Women & Children Margie Jenkins 867 Summers Ave.
Orangeburg, SC 29115 803-536-4575

St. James Missionary Baptist Church Chris Jamison 634 Dawson St. Eutawville, SC 29048 803-854-0060

Ebenezer AME Church Albertha Glover 911 Matthews Hwy St. Matthews, SC 29135 803-534-1695

Arthritis Foundation Aquatic Program:

No program in this county.

Support Groups:

Fibromyalgia Support Group:
The Regional Medical Center (TRMC)
Rehabilitation Service Department
First Floor (Across from the Emergency
Department)
1345 Grove Park NE
Orangeburg, SC 29115
(803) 533-2298
Meets the first Tuesday of the month @ 6:00pm

Rheumatologists:

Feinman, Mitchell C. 1768 Village Park Drive Orangeburg, SC 29118 (803) 539-2224

SC DHEC presents this list as a representative sample of available resources and does not provide funds or receive remuneration from any for-profit organization, group, or website on this list.